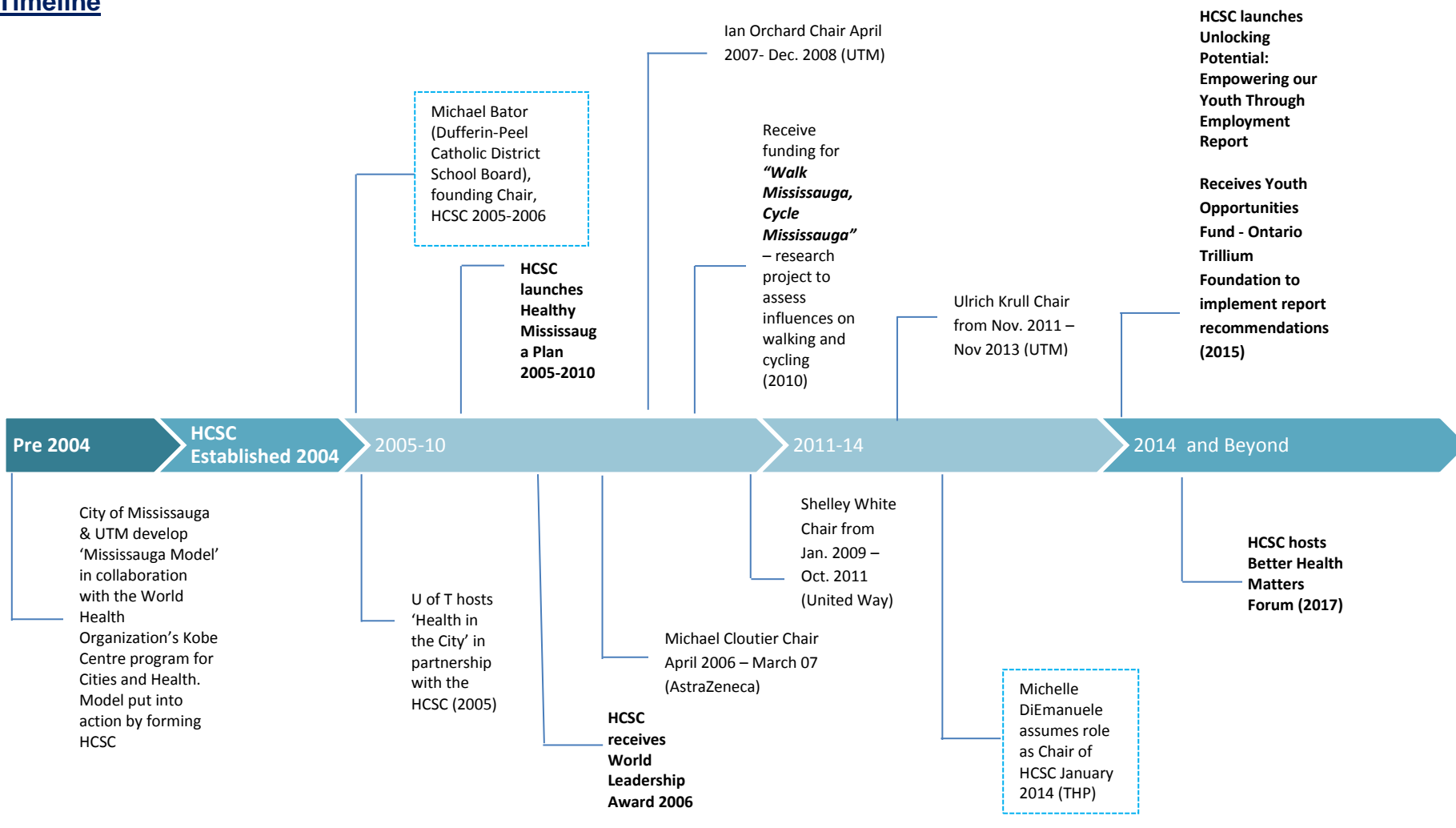


# HCSC HEALTHY CITY STEWARDSHIP CENTRE

The Healthy City Stewardship Centre (HCSC) is a volunteer initiative that brings together key decision-making organizations in the City of Mississauga and Regional of Peel to work proactively and collaboratively toward the betterment of the health of the people of Mississauga. The HCSC was formed in 2004 when the City of Mississauga, the University of Toronto Mississauga and other key organizations in the city came together to collectively work toward improvements in local health. The vision of the HCSC is that Mississauga will be a healthy city of people with optimal physical, mental and spiritual health.

## Timeline





## Highlights

The Healthy City Stewardship Centre has achieved a number of accomplishments since it was first established in 2004. Here are a few highlights from the last 10 years:

**HCSC launches the Healthy Mississauga Plan 2005-2010.** The *Healthy Mississauga 2010 Plan* is a framework for action toward the betterment of health for the people of Mississauga. It charts a course for residents, businesses and agencies to collectively and proactively work toward positively affecting the well-being of those who live and work in Mississauga..

**City of Mississauga wins the World Leadership Award for the Healthy City Stewardship Centre, 2006.**

The award was sponsored by The World Leadership Forum, a not-for-profit organization which promotes leadership internationally by spotlighting the work of exceptional leaders and achievers in 15 disciplines ranging from architecture and civil engineering, culture and the arts, to health, science and technology.

**AstraZeneca Canada Inc. and Physical and Health Education Canada launched At My Best™ 2008.** This national, school-based children's wellness program was designed to advance physical, nutritional and emotional health and wellness for kindergarten to grade 3 students. The program was launched using Peel schools as the initial launch site in 2008.

**Healthy Community Fund grant received (provincial) 2010.** Grant for research project that focused on identifying the assets and barriers that influence walking and cycling participation in Mississauga.

**Peel Public Health holds 'Healthy Peel by Design' forum 2012.** Focused on designing communities that promote healthier living. Featured panel with public health experts, planners, politicians, and transportation and education officials.

**'Walk Mississauga, Cycle Mississauga' expert forum held at UTM 2012.** A report was published with recommendations based on the Healthy Community Fund research project described above following the provincial grant.

**Unlocking Potential: Empowering Our Youth Through Employment 2016.** A report was published with recommendations based on research conducted to understand the issues underlying youth employment in Mississauga. HCSC received a grant from the Ontario Trillium Foundation's Youth Opportunities Fund to implement the report recommendations.

**Better Health Matters Forum 2017.** HCSC, in partnership with the Mississauga Halton LHIN, hosted a community engagement event designed to bring together citizens, community organizations, local businesses and government partners to share stories and ideas to build better health in our region.

**The HCSC's success is based on: Showing Leadership - Sharing similar health messages - Cutting through red tape between agencies - Sharing knowledge and best practices - Completing research - Advocating on behalf of the community - Bridging gaps and building capacity.**